



8-Day Magnificent Yunnan & Shangri-La Kunming, Alu Ancient Caves, Stone Forest

(Tour Code: YUN 004) Dali, Lijiang, Zhongdian (Shangri-La)

Validity: 1 April – 30 Sep, 2010

Highlights:

Experience

- 4 star hotels or the best local hotel throughout the stay.
- On ways domestic flight to save time.
- Visit the sunny state of Kunming.
- Cable car rides to Shika Snow Mountain.
- Cable car rides to Yulong Mt tramway.

(Subject to weather condition, otherwise will be replaced by Maoni or Yunshan Plateau)

- Enjoy "Dali San Dao Cha" cum cultural dance.

Comprehensive Sightseeing

- Visit the world's marvelous sight at Stone Forest.
- Witness Tiger Leaping Over The Gorge - the world's deepest, narrowest, dangerous gorge.
- Night tour of Shuhe Ancient Town, which has older history than Lijiang.
- Visit the Tibetan Character Colonnade – Dukezong Ancient Town

Special Food & Entertainment

- Yunnan Bridge Crossing Noodle, Steam Pot Chicken, Wild Mushroom Hotpot, Yiliang Roast Duck, Five Local Famous Dishes in Bai Flavor and Tibetan Style Favor.

ALU ANCIENT CAVES

- The Alu Ancient Caves, known as " the First Caves in Yunnan", is a large underground Karsts cave group. When traveling through you can see awesome lifelike stalagmites, Stone columns, stone curtains and stone flowers in each cave.

STONE FOREST

- Due to a process of weathering and erosion, nature has created an art gallery of stone sculpture here. This typical karst physiognomy takes the form of a forest of stone pillars and boulders.

KUNMING

- **Western Hill and Dragon Gate**, enjoy the graceful outlooking of Dian Chi with an area of 300 square kilometers. Touching the center of the arch of Dragon Gate is considered good luck and many people have their pictures taken at this point.

DALI

- **Dali Ancient City**, within the town there are wellpreserved traditional houses of the Bai people. The cute courtyards and peaceful streets treat visitors with calmness and elegance, which were typical in the ancient times.

The **Three Pagodas** are among the oldest standing structures in southwestern China. Clear weather permitting, they look especially pretty when reflected in the nearby Erhai Lake.

- **Tianlongbabu Film City** doubles as a cultural theme park, showcasing the country's traditions and past ways of life.

LIJIANG

- As the UNESCO World Heritage Site, **Dayan Ancient Town (Lijiang Ancient Town)** is known for its Naxi music, dongba culture and pictographs.



- **Yulong Snow Mountain**, with the sea level of over 4500 meters and snow capped all the year round.

- **White Water River**, the pebbles in the riverbed are all white marbles and limestone that have been rinsed and scoured by the water. As the limpid and clear river flows above them, it looks undefiled and sparkling.

ZHONGDIAN

- **Tiger Leaping Over The Gorge:** Hutiao (Tiger leaping) Gorge Extending for 15 kilometers from the Yulong Snow Mountain in Lijiang to the Haba Snow Mountain in Zhongdian. Tiger Leaping Gorge is one the longest, deepest and narrowest gorges in the world. According to local legend, the gorge acquired its name because at its narrowest point, a mere 30 meters wide, a tiger leaped over its swirling waters.



Night(s) Stay

Lu Xi City 1N
Kunming 2N
Dali 1N
Lijiang 2N
Zhongdian 1N

Meal(s)

7 Breakfasts
7 Lunches
7 Dinners

Sequence of the itinerary may vary on the actual tour

ITINERARY (MH Airlines)

Day 01 KL/Kunming/Alu Ancient Cave/Luxi (D)

- Upon arrival, transfer to visit Alu Ancient Cave.
- After dinner, visit "Hundred Tiger Walking street".

Day 02 Luxi/Stone Forest/Kunming (B/L/D)

- After breakfast, proceed to Stone Forest Scenic Area.
- Head back to Kunming.
- En-route visit Baoshutang and Colourful Yunnan.
- Arrive Kunming, visit Golden Horse Archway, view East & West Temple Pagodas.

Day 03 Kunming/Dali (B/L/D)

- Enjoy Puer tea show and visit Dragon Gate and Western Hills (include round trip trolley bus).
- Overview Dianchi Lake.
- After lunch, proceed to Dali.
- Upon arrive, dinner and check-in hotel.

Day 04 Dali/Lijiang (B/L/D)

- Visit "Yeyutianze Park", Tianlongbabu Film City and overview Chongshengsi three pagodas.
- After lunch, visit the Yan peoples' family, enjoy the "Three Course Tea" with singing and dancing performance.

- Visit Dali ancient town, "Foreigner's Street"

- Transfer to Lijiang by bus.

- After dinner, visit Shuhe ancient town.

Day 05 Lijiang/Tiger Leaping Gorge/Shangrila (B/L/D)

- After breakfast, transfer to Shangri-la by bus.
- En-route, overview the first bend of Yangtze River and visit Tiger Leaping Gorge.
- Upon arrive, visit Dukezong ancient town.

Day 06 Shangri-la/Lijiang (B/L/D)

- Visit Shika Snow Mountain by cable car and visit Songzanlin Temple.
- Transfer back to Lijiang by bus.

Day 07 Lijiang/Kunming (B/L/D)

- Proceed to Jade Dragon Snow Mountain.
- Visit White River and Ganhaizi Grassland, enjoy the fantastic show of "impression Lijiang".
- Visit Jade Water Village, Yufengsi lama Buddhism Temple and Dongba Valley.
- After lunch, visit Black Dragon Pool Park, Lijiang Dayan Ancient Town and Sifang Square.
- After dinner, take domestic flight back to Kunming.

Day 08 Kunming/Depart for Home (B/L)

- Visit flower market and Silk shop.
- After lunch, depart for home.

Tour Package Include:

- Return flight tickets Ex-Kuala Lumpur
- Accommodation
- Meals stated in the itinerary
- Sightseeing and entrance stated in the itinerary
- Friendly tour guide

Tour Package Exclude:

- Taxes
- Flight Ex-Penang extra RM 362 p/p
- Driver and guide tipping at RM 80/Adult & RM 40/Child
- Optional tours
- Own expenses

Travelling Date	Twin/Triple Sharing/pax	Single Supp/pax	Child with 1 Adult	Child with Bed/pax	Child no Bed/pax	Taxes/pax	No of Seat
2/08/2010	RM 3099	RM 699	RM 2899	RM 2799	RM 2699	RM630/RM580	6
MH	RM 3199	RM 699	RM 2999	RM 2899	RM 2799	RM630/RM580	6
	RM 3299	RM 699	RM 3099	RM 2999	RM 2899	RM630/RM580	8
17/09/2010	RM 3099	RM 699	RM 2899	RM 2799	RM 2699	RM630/RM580	6
MH	RM 3199	RM 699	RM 2999	RM 2899	RM 2799	RM630/RM580	4
	RM 3299	RM 699	RM 3099	RM 2999	RM 2899	RM630/RM580	5
24/09/2010	RM 2899	RM 699	RM 2699	RM 2599	RM 2499	RM630/RM580	4
MH	RM 2999	RM 699	RM 2799	RM 2699	RM 2599	RM630/RM580	6
	RM 3099	RM 699	RM 2899	RM 2799	RM 2699	RM630/RM580	8

8 天七彩云南+ 香格里拉 昆明/阿庐古洞/石林/大理/丽江/中甸 (香格里拉)

1. 体验：

- 全程四星或当地最好的酒店。
- 一段内陆飞机，争取更多时间，畅游云南。
- 享受昆明春城宜人气候。
- 特别安排乘坐缆车：上下大索道，体验真实雪景之美。(似乎天气而定，若取消将会由牦牛坪或云杉坪替代)
- 安排乘坐缆车上下石卡雪山。
- 白族特色茶点--白族三道茶，歌舞表演。

2. 多姿多彩的景点：

- 游览灿烂阳光的净土，云南。
- 汇集了从殷商时期至今历朝历代著名书法家不同风格“虎字”的书法艺术——百虎大道。
- 汇集了苍山洱海的景色，以弥补其他景点所不能同时看到的遗憾——叶榆天泽景点。
- 中甸世界第一藏金筒—独克宗古城。
- 游览世界最深、最窄、最险的大峡谷--虎跳峡。
- 夜游束河古镇，比丽江更古老的古镇。

3. 风味美食：

- 享用云南过桥米线、汽锅鸡、野生菌火锅、宜良烤鸭和烤乳猪、风花雪月五福席、特色五谷丰登喜庆宴。

阿庐古洞

□ 被称为“云南第一洞”的泸西阿庐古洞，是一组规模宏大、结构奇特的溶洞群。阿庐山奇峰突起，岩石嶙峋，四周有九峰相峙，九峰之中有十八洞府，俗称“九峰十八洞”。每个洞穴都有数不清的奇石美景，每年吸引数十万中外游客，已经起到“开发一个洞，搞活一个县的经济”的启动作用，为振兴泸西县经济起着重大作用，已列为国家4A 风景名胜区。

石林

□ 被喻为天下第一奇观，石林为石灰岩溶岩地貌，亦是喀斯特地型的一种特殊形态，由巨厚的岩层构成，其岩峰犹如密布的林木，拔地而起，直刺天际，远望如一片莽莽森林，因而得名。数不清的崎岖石峰和高耸峭壁，蔚成一片石林林海，气势磅礴开阔。沿途奇石雄伟壮丽，石笋、石柱，别有洞天。

昆明

□ 位于中国西南边陲的云贵高原中部，因为“天气常如二三月，花枝不断四时春”，故素有“春城”之美称

□ 昆明西山公园：西山峰峦起伏，古树参天，涧壑流泉，百鸟争鸣，云蒸霞蔚，景色秀丽。相传古时有凤凰停歇，见者不识，呼为碧鸡，故也称“碧鸡山”。

□ 龙门：西门最壮观的名胜，用七十二年的功夫在悬崖峭壁上雕刻而成，在此可俯瞰烟波浩渺的滇池。民间流传“一登龙门，身价十倍”之说。

【大理】

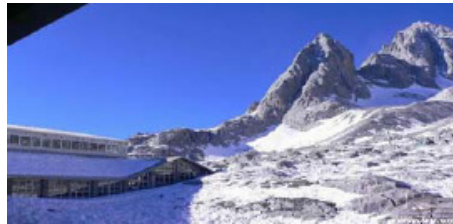
□ 崇圣寺三塔（远眺）：原是南昭大理国时期一座规模宏大的寺院。

□ 大理古城：是古丝绸之路的重镇，古城古色古香，保留传统的大理古城风味，其中有一条洋人街，两排全是洋式风情的酒吧和商店，

【丽江】

□ 大研古城（丽江古城）：古城内家家小桥流水，户户垂柳蔽日。在这里还可以看到有些纳西人，穿着传统的纳西服装，时间仿佛倒退到古时候。此古城还有一大特色，它是中国少有的无城墙古城，而且城中道路曲折，无路标，如一座小迷宫。

□ 玉龙雪山：离丽江15 公里，全山共有13 个山峰，如擎天玉柱般的耸立在金沙江东侧。主峰扇子陡海拔5596 公尺，山顶终年积雪，像一条玉龙横卧在山巅，因而得名。



□ 大索道：乘缆车上大索道，那里海拔4506 米。索道全长2914 米，垂直高差1150 米，是云南海拔最高的旅游客运索道。

□ 白水河：是白色的河床，层层叠叠，连绵不尽。从远处看去，只见森林之中有一片雪白倒垂而下，令人惊艳不已。

□ 甘海子：它原是个高山牧场，现在已变成了牧民的市集。常看到他们牵着骏马，载着货物来此在以物易物，马匹上鲜艳的与草原上碧绿的草原相映成趣，煞是热闹。

【中甸】

□ 虎跳峡：石鼓镇下游约35 公里的虎跳峡。虎跳峡分上虎跳、中虎跳、下虎跳三短，东面是玉龙雪山，西面是迪庆的哈巴雪山，峡谷垂直高差3790 米，是世界上最深的峡谷之一。江水的落差近200 米，江中有一巨石横卧江心，相传猛虎常靠江心巨石躍上对岸，故名虎跳峡。

【行程 - 马航】

第1 天吉隆坡/昆明/阿庐古洞/泸西（晚）

- 抵达昆明，游览阿庐古洞风景区（含洞内游船和缆车）。
- 晚餐后，参观白虎大道，参与当地人千人左脚舞打跳（天气异常除外）。
- 入住酒店夜宿。

第2 天泸西/石林/昆明（早/午/晚）

- 早餐后，畅游大小石林风景区。
- 返回昆明，途中参观宝树堂和七彩云南。
- 参观金马坊坊、外观东西寺塔（不登塔）。

第3 天昆明/大理（早/午/晚）

- 早餐后，欣赏云南普洱茶艺表演。
- 游览西山龙门（含往返电瓶车），远观滇池。
- 午餐后，乘车前往大理。
- 晚餐后，入住酒店。

第4 天大理/丽江（早/午/晚）

- 早餐后，游览叶榆天泽公园、参观“天龙八部”拍摄城和远眺崇圣寺三塔。
- 午餐后，游览喜洲严家大院白族民居，品尝“白族三道茶”及欣赏文化表演。
- 游览大理古城，洋人街。
- 乘车前往丽江。
- 晚餐后，夜游束河古镇。
- 入住酒店。

第5 天丽江/虎跳峡/香格里拉（早/午/晚）

- 早餐后，乘车前往中甸，中途远观长江第一弯和参观虎跳峡。
- 晚餐后，夜游独克宗古城。

第6 天香格里拉/丽江（早/午/晚）

- 早餐后，游览石卡雪山（含2 段缆车）。
- 参观松赞林寺。
- 返回丽江，夜游束河古镇。

第7 天丽江/昆明（早/午/晚）

- 早餐后，前往玉龙雪山。
- 游览白水河，途经甘海子，观看实景演出“印象丽江”。
- 游览玉水寨、东巴谷、黑龙潭公园、大研古城和四方街。
- 晚餐后，乘飞机返回昆明。

第8 天昆明/返回家园（早/午）

- 早餐后，逛花市、参观丝绸展。
- 午餐后，乘搭飞机返回家园。

夜宿

泸西县1 晚
昆明2 晚
大理1 晚
丽江2 晚
中甸1 晚

餐食

7 份早餐
7 份午餐
7 份晚餐